

Dermatology 408-851-4650  
Santa Clara  
Kaiser Permanente Northern California Region

## **Treatment for Diaper Rash**

1. After each bowel movement or urination, wash area with lukewarm tap water and dry with clean cotton wash cloth. Do not use diaper wipes on baby's skin if baby has active dermatitis.
2. Apply Zinc Oxide paste in a thick layer to baby's bottom. (This is found in over the counter Diaper rash cream, pick the brand with the highest percentage of Zinc Oxide listed under ingredients.)
3. If medication is needed, apply medicated cream as recommended by your provider and then a layer of Zinc Oxide paste.