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## **Treatment for Acne**

1. Please use Neutrogena for oily skin soap for washing the face if you have an oily complexion or Cetaphil cleanser if you have sensitive skin.
2. Please use non-comedogenic products including makeup and moisturizer and sunscreen (brand names include Oil of Olay, Neutrogena, Cetaphil).
3. Do not pick your acne lesions, because picking leaves scars that could be permanent.
4. Use the prescription medications on a regular basis. Treatment is often needed 6 months to several years. There is no cure for acne but it is able to be controlled.
5. Medication can take 8-12 weeks before acne improvement is noticed.