

Home Care Instructions for Special Compression Bandages

A special bandage has been prescribed for your leg ulcer:

- Multilayer wrap
- Paste bandage

Keep this special bandage on your leg for the next _____ days.

If your feet become dusky/blue, numb, or if you develop severe leg or foot pain, elevate your leg higher than your heart for 30 minutes.



- If your pain is not reduced in 30 minutes, remove the bandage.
 - ✓ Keep the wound covered with the clean, moist gauze dressing.
 - ✓ The wound should not be allowed to dry out.
- If the pain is not reduced in 60 minutes after removing the bandage, call the number listed below.

If the bandage starts to slip, remove the bandage and call the number listed below.

- ✓ Keep the wound covered with the clean, moist gauze dressing your doctor provided until you are seen by the nurse.
- ✓ The wound should not be allowed to dry out.

Do not get your bandage wet. If it becomes wet or if, for any reason, you remove the bandage, cover the wound with a moist dressing and call the number listed below to speak with an Advice Nurse and to schedule another appointment.

Advice phone number:
