

# Chemical Dependency and Drug Education

## **Addictive Disease**

In this series we'll discuss general principles and basic information about dependence on drugs and alcohol.

Topics include: origins of addictions and dependencies; medical effects and other consequences of drug and alcohol use; family and relationship dynamics surrounding chemical dependency; and a practical approach to treatment of addiction. Taught by David Granovetter, MD. *Open to the community.*

**Sessions:** 12 sessions

Thursday, 5-6pm

**Fee:** No fee for members;  
\$20 nonmembers

**Registration:** For more information or to register, call **(408) 972-2366**

## **Chemical Dependency Overview**

Come to this overview to learn about the origin of addictions, how lives are affected by chemical dependency, and the resources and treatment options available within Kaiser Permanente as well as in the community. *Open to the community.*

**Sessions:** One 1.5-hour session; select  
Thursdays, 6:30-8pm

**Fee:** No fee

**Registration:** Form ore information or to register, call **(408) 972-3366.**

## **Codependency**

This class focuses on understanding codependency issues, their origins, and their connection to dysfunctional relationships. This class is open to all members and does not require that you be a client of the Chemical Dependency Services program. Taught by Sharon Sclabassi, PhD. *Open to the community.*

**Sessions:** Six sessions; Thursday,  
6-7pm

**Fee:** No fee for members; \$20  
nonmembers

**Registration:** For more information or to register, call **(408) 972-3366.**