

Pre-Op Medication Guidelines

- Please stop taking these medications 7-10 days before surgery:

Advil	Clinoril	Feldene	Ginseng	Nabumetone	Relafen
Aggrenox	Daypro	Feverfew	Ibuprofen	Naprosyn	Salsalate
Airborne	Diclofenac	Fiorinal	Indocin	Naproxen	Sulindac
Aleve	Disalcid	Fish Oil	Indomethacin	Omega-3	Toradol
Alka Seltzer	Echinacea	Flaxseed oil	Kava-Kava	Oxyprozin	Vioxx
Arthrotec	Ecotrin/Excedrin	Garlic pills	Licorice	Percodan	Vitamin E
Aspirin	Ephedra	Ginger	Lodine	Piroxicam	Voltaren
Butalbital	Etodolac	Ginko Biloba	Motrin	Plavix	
Celebrex					

***Exception: All patients having vascular surgery must continue taking Aspirin, including on the day of surgery.**

Additional information:

- Tamoxifen must be stopped 7 days prior to surgery and for 7 days after surgery.
- Diet pills must be stopped 2 weeks prior to surgery.
- For pain relief you may take Tylenol, Codeine or Vicodin up to the day of surgery provided you are not allergic to them
- If you take high blood pressure and/or heart medications of any kind regularly in the morning, **PLEASE TAKE THEM THE MORNING OF SURGERY.**
- If you are diabetic and take any oral medications below (see examples below), do not take them the morning of your surgery. Your blood sugar levels will be tested on the day of surgery.

Acarbose	Diabeta	Glypizide	Tolazamide
Actos	Diabinese	Micronase	Tolbutamide
Amaryl	Glimepiride	Orinase	Tolinase
Avandia	Glucotrol	Prandase	Tol-Tab
Chlorpropramide	Glyburide	Precose	

- Do not take regular Insulin on the day of surgery.
- Please stop taking these diabetes medications below a full 24 hours before surgery:

Avandamet	Glucovance	Metformin
Glucophage	Metaglip	Metformin/Rosiglitazone

Glucophage XR

- **If you have Parkinson's disease or a seizure disorder, please take your regular medications the morning of surgery.**
- **If you take medication for chronic pain (except those listed on the previous page), please take your regular medications the morning of surgery.**
- **Use your asthma inhaler on the morning of surgery and please bring it with you.**
- **Anti-anxiety and depression medications should be taken the morning of surgery.**
- **Anti-reflux medications should be taken the morning of surgery:**

Zantac

Tagamet

Protonix

Prilosec

- **If you take Coumadin, please contact the Coumadin Clinic for instructions at (408) 851-3939.**