

# Botox Injections: What to Expect

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**Botox** injected into the muscle has been found to decrease the frequency and severity of pain in some patients. The injections are done in the area that the pain occurs.

## How long does the pain relief last?

The duration of effects of Botox on pain severity and frequency is approximately 3 months and then repeat injections may be given.

## How long before I feel pain relief?

The onset of pain relief can be within several hours. Some research indicates it may take up to two weeks to achieve maximum benefits from the Botox injection on pain relief.

## Will the Botox help my pain?

Results from Botox injections vary from patient to patient. Results can be from no relief, partial relief, to complete relief. You will need a referral to our Pain Interventional Center from your Primary Care Physician. You will consult with one of our Pain physicians before the procedure.

## Contraindications to Botox injections include:

1. Allergies to Botox
2. Pregnancy
3. Taking an aminoglycoside antibiotic (eg. Gentamicin)

## Are Botox injections safe?

Yes, this procedure is safe. However, there are risks, side

effects and the possibility of complications (as there are with any procedure). Your doctor will discuss these with you prior to the injection. Risks of use include muscle weakness and allergic reaction.

## How is the procedure done? How much Botox is given?

The physician will inject Botox primarily in the areas where you experience your pain. The dose of Botox is measured in units. The injected dose is approximately 100 units total.

## How often can I have a Botox injection?

If Botox is effective in relieving your pain it can be repeated no sooner than every three months.

## Is there anything I need to know after my procedure?

Do not rub the site right after your injection as it can spread the medication beyond the intended area and may cause muscle weakness (eg. Drooping eye). If needed, you may blot the injection site.

## Pain Interventional Center/San Francisco



This information is not intended to diagnose health problems or to take the place of medical advice or care you receive from your physician or other health care professional. If you have persistent health problems, or if you have additional questions, please consult with your doctor. If you have questions or need more information about your medication, please speak to your pharmacist. Kaiser Permanente does not endorse the medications or products mentioned. Any trade names listed are for easy identification only.