



# Arm yourself against the flu.

The H1N1 vaccine is now available for all members.

Kaiser Permanente is now pleased to offer the H1N1 vaccine as well as the seasonal vaccine, to all members who request it.\*

**Adult vaccinations are available on your primary care provider's floor.**

For updated information about seasonal flu and H1N1 flu, please call our toll free Northern California flu hotline **1-800-KP-FLU-11 (1-800-573-5811)** or visit **[kp.org/flu](http://kp.org/flu)**.

\* Available to members 6 months of age or older as long as supply is available.