



Pregnancy and the postpartum bring changes and new challenges which can be stressful.

Please join our support group to learn from each other how to stay emotionally healthy as we grow in to our new roles as mothers.

Emotional Wellbeing

In Pregnancy and Postpartum

Emotional Wellbeing Support Group
Led by Kerry Savola-Levin, LCSW and Chris Eaton, MD

Mondays 11:00 A.M. -12:30 P.M., starting Sept 14, 2009
Department of Psychiatry (French Campus)
4141 Geary Blvd.
3rd Floor, *Group Room 3*

Free of charge to KP Members
Infants are welcome