

# Autism and Your Child: Charting the Course



Providing information and skills to empower families through their journey with Autism.

A program for parents of children 8-18 years recently diagnosed with autism, pervasive developmental disorder-not otherwise specified (PDD-NOS), or Asperger's Disorder by a Kaiser Permanente Autism Spectrum Disorder clinic.

A series of 4 classes. Topics will include:

- Understanding the autism spectrum
- Accessing community resources
- Intervention options
- Daily activities to use with your child

**When:**

**Wednesdays, 4:00 – 6:00 PM**

**Nov. 4, 11, 18 & Dec. 2, 2009**

(Participants are encouraged to commit to all 4 classes.)

**Where:**

Kaiser Permanente San Jose  
Medical Center

Department of Child &  
Adolescent Psychiatry

6620 Via Del Oro

San Jose, CA 95119

**Fee: No Fee**

To register, please call:

Kaiser Permanente San Jose

Department of Child & Adolescent  
Psychiatry

(408) 360-2300