

prepare for your procedure

THE EASY WAY



Now you can get answers online to your questions about your surgery, procedure, or planned childbirth. Use our Emmi® “Prepare for Your Procedure” programs on your doctor’s home page.

From home or your Health Education Center, go to kp.org/mydoctor and enter your doctor’s name. Click on the “Prepare for Your Procedure” link on the left side of your doctor’s home page. You don’t have to know your procedure date.

“Prepare for Your Procedure” covers:



Your Body



Your Condition



Before Your Procedure



Your Procedure



After Your Procedure



Risks and Benefits



Alternatives

I would like you to watch the following program(s):

- ACL Reconstruction
- Adult Anesthesia
- Bunionectomy
- Carpal Tunnel Release
- Knee Arthroscopy
- Shoulder Arthroscopy
- Taking Warfarin
- Total Hip Replacement
- Total Knee Replacement