



Liquid Nitrogen Treatment

1. Liquid nitrogen is applied with a spray apparatus or cotton swab until freezing occurs throughout the lesion and a little of the tissue around it.
2. You may expect some pain during the treatment and for a short time afterward. Tylenol will usually relieve pain.
3. A blister will probably form within a few hours. This may be filled with a clear fluid or a dark blood fluid. **It is best to leave the blister alone and allow it to dry.** However, if you have a great deal of discomfort, you may prick the edge of the blister with a sterilized needle to relieve pressure.
4. It is advisable to leave the blister uncovered. But a loose dressing may be applied for a short period, if necessary to keep the blister from being rubbed or scratched.
5. If the blister roof breaks and leave a raw surface, apply a thin layer of petrolatum or topical antibiotic ointment, eg: Bacitracin or Polysporin.
6. The blister will heal much like a small burn, drying in about two weeks. The skin underneath will be red or purplish, but the color will fade in time, leaving little or no scarring.
7. Sometimes, even after careful treatment, the lesion may persist or re-grow. If this happens, call your doctor or nurse provider.