



Acne Treatment

1. Please use Neutrogena Acne Wash or Benzoyl Peroxide 5% cleanser/wash for washing the face if you have an oily complexion.
Use Cetaphil gentle cleanser if you have sensitive or dry skin.
2. Please use non-comedogenic products including makeup and moisturizer and sunscreen (brand names include Oil of Olay, Neutrogena, Cetaphil).
3. Do not pick or squeeze your acne lesions, because this may leave permanent scars.
4. Use your medications on a regular basis. Treatment is often needed over a long-term basis to achieve continued control. Acne is not curable, but can be controlled with your treatment and skin care regimen.
5. Medication can take 8-12 weeks before acne improvement is noticed.