



What are Milia? Milia are tiny, white bumps on the face. More commonly seen on adult women, these are similar to a white head or tiny cyst filled with white keratin (dead skin cells).

Do Milia need to be removed? These are completely harmless growths and have no cancerous potential. On occasion, removal is desired for cosmetic concerns. Removal is available at the Cosmetic Services Center (408) 851-8200 for a modest fee. Use of a topical retinoid cream (eg: tretinoin or Retin-A) may help to reduce and prevent formation of milia.