



San Jose Medical Center Department of Ophthalmology
5755 Cottle Road, Building 2
San Jose, CA 95123

**LASER SURGERY
POST-OPERATIVE INSTRUCTIONS**

ACTIVITY:

- No restrictions.

DIET:

- No dietary restrictions.

MEDICATIONS:

- Resume regular medications.

CARE OF WOUND OR DRESSING:

- It is common to have mild discomfort and blurriness for several days after surgery.
- Occasionally the eye may be slightly red after surgery.
- Rarely is there a prolonged dilation of the pupil.

WHEN TO CALL YOUR DOCTOR:

- Prolonged pupil dilation.
- Continued discomfort.
- Continued blurriness.

FOLLOW-UP APPOINTMENT:

- As scheduled.

IMPORTANT TELEPHONE NUMBERS:

- Ophthalmology Advice and Appointments: (408) 972-6570, between 9:00 AM – 5:00 PM. Closed for lunch 12:30 PM – 1:30 PM.
- Ophthalmology Weekend and Holiday Advice: (408) 362-4791.

