



San Jose Medical Center Department of Ophthalmology
5755 Cottle Road, Building 2
San Jose, CA 95123

**EXCISION PTERYGIUM
POST-OPERATIVE INSTRUCTIONS**

ACTIVITY:

- Resume normal activity as tolerated.

DIET:

- No dietary restrictions.

MEDICATIONS:

- Resume regular medications.

CARE OF WOUND OR DRESSING:

- Leave eye patch or shield on until removed by your physician.

WHEN TO CALL YOUR DOCTOR:

- A moderate amount of discomfort and or redness is expected, you may take Tylenol or medication prescribed by your physician.
- If you experience an increase in pain, swelling, redness or significant loss of vision.

FOLLOW-UP APPOINTMENT:

- As scheduled.

IMPORTANT TELEPHONE NUMBERS:

- Ophthalmology Advice and Appointments: (408) 972-6570, between 9:00 AM – 5:00 PM. Closed for lunch 12:30 PM – 1:30 PM.
- Ophthalmology Weekend and Holiday Advice: (408) 362-4791.