



## **Autism Spectrum Disorder Center**

*Serving Kaiser Permanente families and children with Autism Spectrum Disorders*

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### **WHAT TO DO BEFORE YOUR APPOINTMENT**

We appreciate your patience while you wait for an appointment at the Autism Spectrum Disorder (ASD) Center. We are committed to serving your child's needs, and we will call to schedule your appointment in a timely manner. We understand that you may have concerns about your child's medical, social, psychological, and educational needs, and we would like to inform you about a number of initial steps you can take prior to your evaluation.

***IF YOUR CHILD IS BETWEEN 0 and 36 MONTHS:*** Contact your local Regional Center's Early Start Program at 1-800-515-BABY. (Please note that if your child is close to 36 months, you may be directed to your local school district.)

***IF YOUR CHILD IS BETWEEN 36 MONTHS and 22 YEARS:*** Contact your local school district. IDEA 2004 establishes that either you or the school district can initiate a request for an evaluation to determine if your child meets criteria for special education. If the results indicates a need for special education, an individualized educational program (IEP) will be developed and implemented. The process involves the parent(s), school officials, and sometimes your Kaiser Permanente clinicians (with your consent). To contact your local school district, please go to <http://www.slocoe.org/resource/calpage1.htm>.

#### **FOR ALL AGES:**

**1. Sign up for the ASD Orientation Class at the Kaiser Permanente San Jose ASD Center.**

This is an optional 2-hour class. The ASD Center Case Manager will discuss and answer any questions that you may have about the diagnosis and evaluation process. You will also be informed about community resources that can provide additional information and support. To sign up for this class, please call (408) 360-2350.

**2. Kaiser Permanente Child & Adolescent Psychiatry:** The Child & Adolescent Psychiatry Departments at Kaiser Permanente consist of board-certified and licensed social workers, psychologists, and psychiatrists who specialize in the treatment of children, adolescents, and families who are well trained in taking care of acute issues and working closely with the appointed ASD clinician in their department. Members may call their local Child & Adolescent Psychiatry Department directly without a referral from their primary care provider. For the phone number to your local Child Psychiatry Department, go to <http://www.permanente.net/homepage/kaiser/pages/d11809-top.html> and click on "Child Psychiatry Services by Facility." We encourage you to address any emotional and behavioral problems that your child may be experiencing by contacting your local Child & Adolescent Psychiatry Departments. The professionals there are well trained in taking care of acute issues and working closely with the appointed ASD therapist in their department.

For further assistance or questions, please contact the ASD Center at (408) 360-2350. You can also visit the ASD homepage at <http://www.permanente.net/homepage/kaiser/pages/d11809-top.html>.

Thank you from The ASD Center