

**Kaiser Permanente---Milpitas Pediatrics
TRAVEL VACCINE AND MEDICATION REQUEST**

Name _____ MR# _____ DOB: _____
 Today's date _____ Doctor: _____ Allergies _____
 Parent(s) Name _____ Phone # _____ email _____
 Travel Dates _____ Length of Stay _____ Previous travel shots? _____
 Destination: Country plus City and/or State names _____

Please circle which of these apply:

- *Travel to cities, beaches, resorts or hotels?
- *Travel anywhere you will be hiking, backpacking, cycling, camping, cave exploring or working with animals most of the time?
- *Staying in rural areas i.e. farmlands, small towns/villages and NOT on an Organized day trip or tour?

VACCINE/MED	DOSE	FREQUENCY/ REVACCINATION	SPECIAL INSTRUCTIONS
Hepatitis A IM	1yr-18yrs .5cc x 2 19&older 1.0cc x2	6-12 mos apart 6-12 mos apart	Give at least 2wks prior to travel.
Japanese Encephalitis SQ	1-3yrs 0.5cc x3 3yrs&older 1.0cc x3 0,7,30 or 0,7,14 days	Every 2 yrs	Do NOT give to less than 1 yr old.
Menomune (Meningococcal M) SQ	2yrs&older 0.5cc	Under 4yrs every 2-3yrs. Over 4yrs, 5yrs after 1 st dose.	Do NOT give to less than 2 yr old.
Menactra IM	11-55 years	Revaccination not recommended.	
Typhim VI IM	2yrs&older 0.5cc x1	Every 2 yrs	Do NOT give to less than 2 yr old.
Yellow Fever SQ	9mos&older 0.5cc	Every 10 yrs	Give Oral live virus together (MMR, VZV, OPV, Typhoid) or wait 4wks. NO egg allergies.
Mefloquin 250mg tab (Lariam)	<15kg:5mg/kg 15-19kg:1/4tab/wk 20-30kg:1/2tab/wk 31-45kg:3/4 tab/wk >45kg: 1 tab/wk	Every trip. Orally once/week, beginning 1 week prior to arrival, during stay and continued for 4wks upon return.	Do NOT give to child <5kg or < 6mos old.
Chloroquine Phosphate 250mg tab/150mg base (Aralen)	8-15lbs: 1/8 tab/wk 16-25lbs: 1/4 tab/wk 26-45lbs: 1/2 tab/wk 46-55lbs:3/4 tab/wk 56-100lbs: 1 tab/wk	Every travel. Same as Lariam.	Maximum dose: 300mg.

REGULAR IMMUNIZATIONS MUST BE UP-TO-DATE: Td, APDT, HIB, MMR, POLIO, HEP A, HEP B, etc.

NO TRAVEL SHOT BEFORE 6 MOS OF AGE

CDC RECOMMENDATIONS/REQUIREMENTS _____

TRAVEL HEALTH TIPS _____