

BE A LOVE BUG, NOT A FLU BUG.



Get your free flu shot and spread health.

Don't let the flu bug you this season. It's more serious than the common cold and very easy to transmit to other people. The best way to keep from catching the flu or passing it on to your loved ones is the flu vaccine.



Everyone in your household should get a yearly flu shot, but it's especially important for:

- All children 6 months to 18 years old.
- Anyone 50 or older.
- Anyone with a chronic health condition.
- Pregnant women.
- Health care workers.
- Anyone living with or caring for someone in any of these categories or with a child under 6 months old.



Campbell flu shot clinic is open in mid-October.

Tuesdays

10/21 9am-4:30pm
10/28 9am-4:30pm
11/4 9am-4:30pm

Thursdays

10/23 1pm-7pm
10/30 9am-4:30pm
11/6 1pm-7pm



Free flu vaccinations will also be available at other Kaiser Permanente facilities throughout the winter. To find out where, call 1-800-KP-FLU-11 or 1-800-573-5811

Campbell Flu Shot Hotline

English: **(408)871-6467**

Spanish: **(408)871-6109**