

 **KAISER PERMANENTE®**  
**San Jose Medical Center**



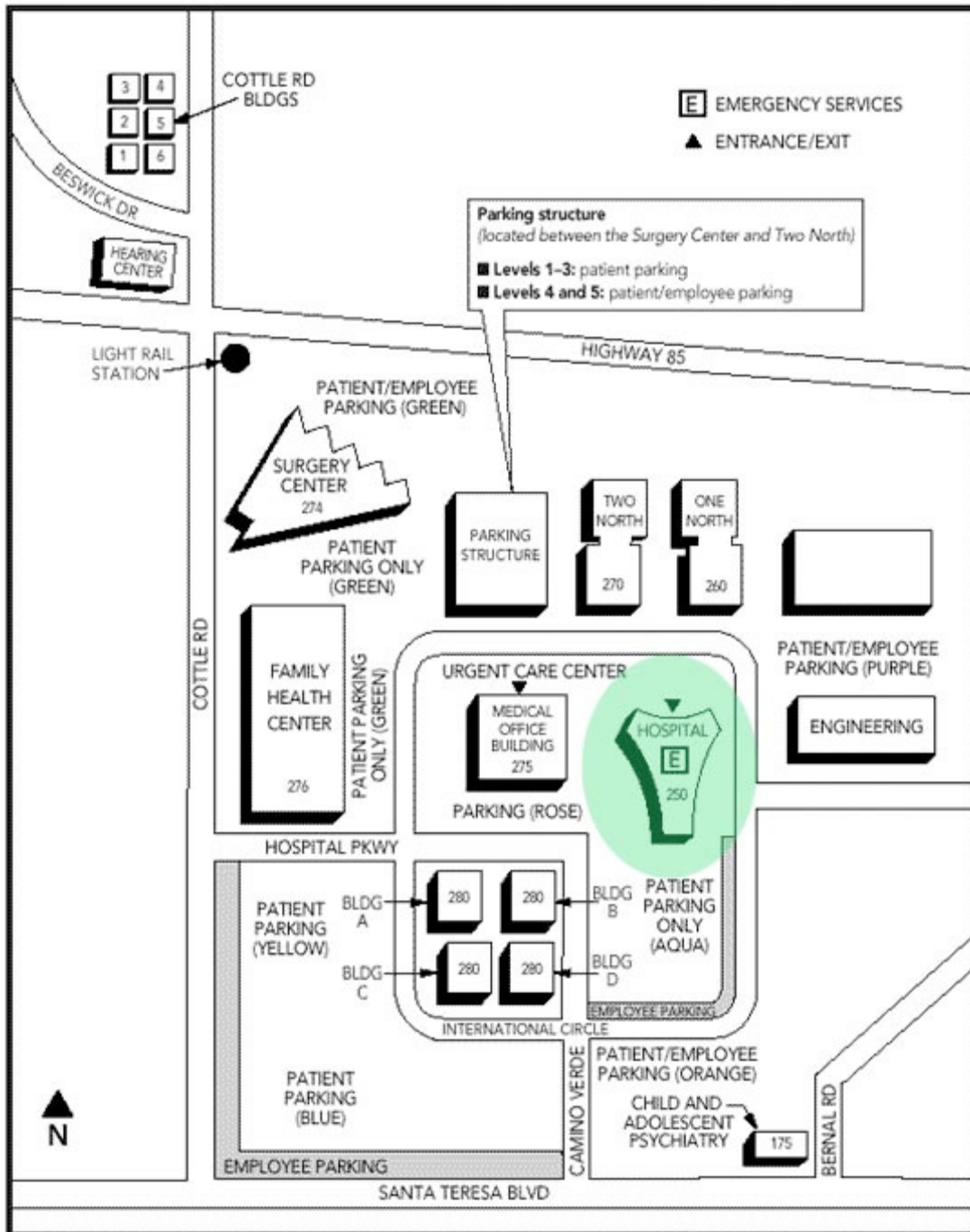
## Information for Patients Scheduled to Be Seen in the Pre-Op Clinic

### About the Pre-Op Clinic

In preparation for your upcoming surgery, you may be scheduled for an appointment to be seen in the Pre-op Clinic. It is here that you will have a history and physical exam in preparation for your surgery. When you arrive for your Pre-op Clinic appointment, please be sure to have a complete list of all the medications that you are currently taking so that they can be reviewed. It may be necessary to make changes to your prescriptions depending on the surgery planned. At this time, you may also be scheduled to have additional tests or blood work.



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Map not to scale

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## Where Do I Go?

The Pre-op Clinic is located on the Lobby level of the Main Hospital building. When you arrive at the hospital, enter through the Main Entrance. You will find an Information desk staffed with helpful volunteers who will direct you down the hallway to the left hand side of the desk.



This hallway will open into the central portion of the hospital. The Pre-op Clinic will be on your right-hand side. Please check in with the appointment desk and have a seat in the waiting area.





While you are here, you may also need to visit the Admissions office or the Laboratory, which are both located in the same area as the Pre-op Clinic.

#### Helpful Hints

- Write down questions that you might have so that you don't forget to ask them!
- Always keep a current list of all the medications you are taking handy.
- Plan to bring someone along to your appointments to help you listen or take notes
- Be open and honest and focused on getting yourself healthy again!

**If you are running late, need to reschedule, or have any other questions, the Pre-op Clinic can be reached by phone at 408-972-7000, extension 2428.**