



KAISER PERMANENTE®
San Jose Medical Center



Information for Patients Having Surgery in the Ambulatory Surgery Center

On The Day of Your Surgery

Your surgeon's scheduler should have given you an arrival time for the day of your surgery. Since there is a lot of preparation for surgery, the time that you have been given is usually several hours before the actual scheduled time for surgery. Even though it may seem like nothing is happening, it is very important to arrive promptly so that the progress of your surgery can begin smoothly.

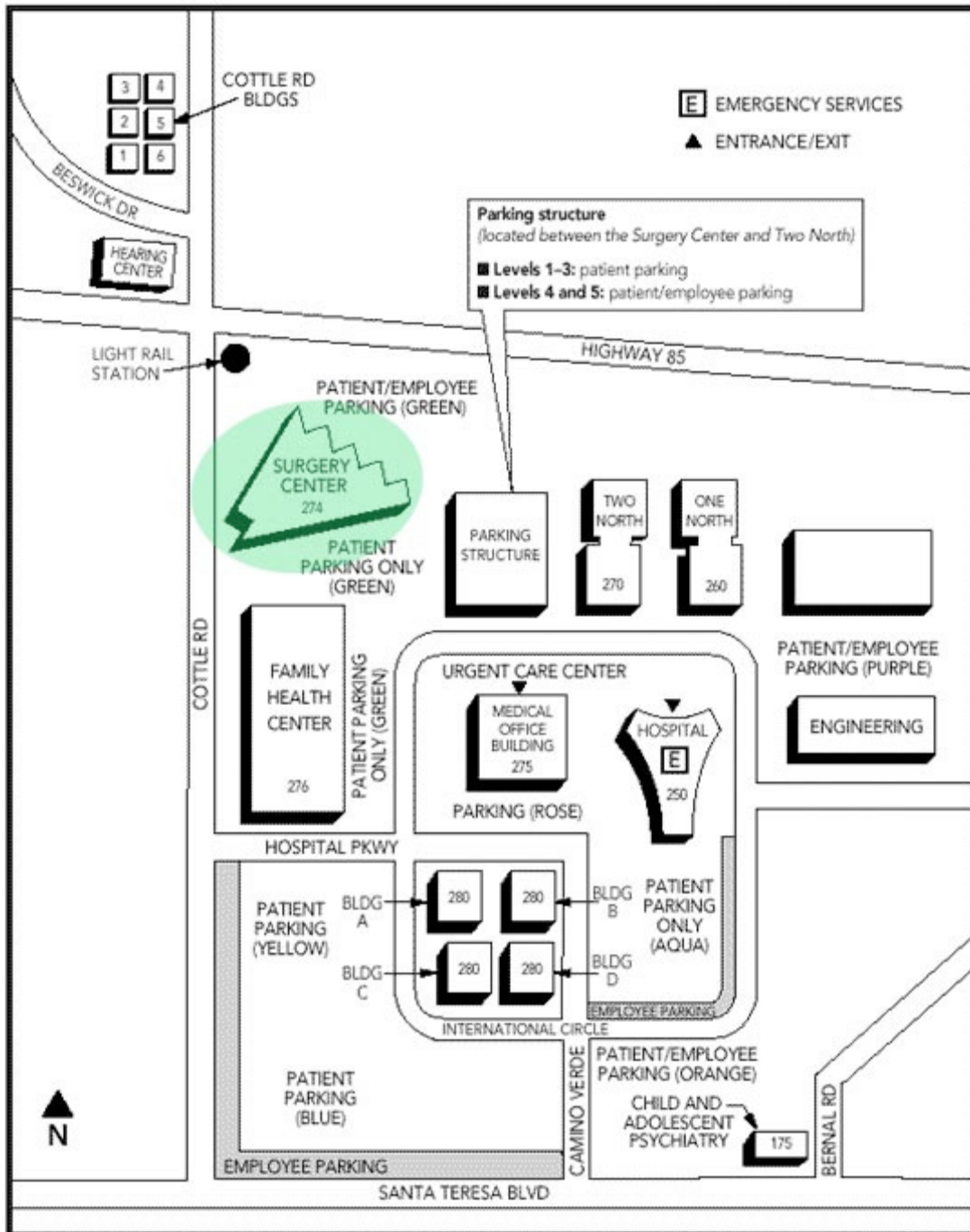
An Important Message

The instructions that you have been given for medication changes and fasting before surgery must be followed without exception. If you think you have eaten any liquids or solid food or taken any medications you should not have, it is extremely important to let someone know immediately. Accidents like this happen, and it is more important to be safe than to do your surgery under less than optimal circumstances.



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Map not to scale



How Do I Find the Ambulatory Surgery Center?

The Ambulatory Surgery Center is in a building across the street from the Main Hospital building. It is a red-colored brick building located in between the Family Health Center and a large multilevel parking garage. Proceed through the Main Entrance of the building and check in with the appointment desk. Have a seat in the waiting area and identify yourself when you hear your name called.

Important Reminder

Please be sure to make arrangements ahead of time for transportation after your surgery. You will most likely feel well enough to drive home, but your reaction times will be significantly affected. Because of this, we are prohibited from allowing you to leave on your own after surgery. We will check to make sure that you have confirmed transportation arrangements before allowing your surgery to begin.

Additional Considerations

To guard the privacy and safety of all patients before and after surgery, there is a limit to the number of visitors each patient may have. There may also be a limitation on visitors under the age of 14. Finally, if any visitors are currently ill or have recently been ill, they are urged to remain out of the area in the event that they may be contagious or possibly more susceptible than usual to acquiring other contagious illnesses.

If you are ill or not feeling your best in the days leading up to your scheduled surgery date, you may want to consider postponing your surgery to a future date. Your safety and wellbeing are highly dependent on doing surgery under the most optimum of conditions. If you would like to reschedule your surgery, please contact your surgeon's scheduling office.