

# Preprocedure Instructions For Patients Scheduled to Undergo MRI-Guided Breast Biopsy

MRI Department 3784 Broadway, Oakland Medical Center

1. Do not eat solid for 2 hours before your biopsy (you may take approved medications and small amounts of liquids).
2. You should avoid these medications for 3 days prior to your breast biopsy:
  - Aspirin and products containing aspirin (Excedrin, Anacin, Bufferin)
  - Nonsteroidal anti-inflammatory drugs (Motrin, ibuprofen, Aleve, Indocin, Naprosyn, etc.)
  - Blood thinners (Coumadin [warfarin], Plavix [clopidogrel])
  - Vitamins and herbal supplements (Vitamin E, ginkgo biloba, glucosamine, chondroitin, omega 3 fatty acids, Lapin, zinc, St. John's wart)
  - Fiorinal (for migraines)
3. Please arrive in the MRI Department (MRI Building, 3784 Broadway, Oakland) **30 minutes** before your scheduled appointment time. There is parking available in front of MRI.
4. Please bring or have someone available to drive you home. You will not be sedated for the biopsy, but in order to minimize pain and the potential of bruising in your breast, we prefer that you not drive for several hours after the biopsy. You will also need to be accompanied to the Mammography Department for mammograms after your biopsy.
5. Please wear a supportive bra or sports bra to your appointment.
6. You will be sent home about 2 hours after your scheduled appointment time.
7. You should not make any plans for the remainder of the day after your biopsy. You will be able to resume most normal activities the following day.
8. You will receive a sheet with detailed post-biopsy instructions before you are sent home.

The biopsy procedure will be explained to you on the day of your biopsy. Any questions you may have about your biopsy will be answered before the procedure.

*Kaiser Permanente does not endorse the medications or products mentioned  
Any trade names listed are for easy identification only.*