

MEDICATION RESTRICTIONS

PRIOR TO SURGERY OR PROCEDURES

WARNING: All drugs (prescription, over-the-counter, and illegal) *can be dangerous* during your surgery!

Surgical Bleeding

- Some medicines can cause serious bleeding during an operation.
- Please tell your doctor and nurses about any drugs you have take in the last 30 days. Blood pressure and heart medicines are important for your doctor to know about. Most need to be discontinued until your surgery. Your doctor will tell you which ones to take.

Blood Thinners

- Coumadin™ (Warfarin): Ask your doctor when, and if, you should stop. Usually 4 days before surgery
- Ticlid™ (Ticlopidine): Stop 14 days before surgery
- Lovenox™ (Enoxaparin - A type of heparin): Stop 24 hours before surgery

NSAIDs (NonSteroidal Antiinflammatory Drugs)

- These include many headache, cold, and arthritis pain remedies. Please check the ingredients of medication you are taking, If you are not sure what is in them, ask the pharmacy

STOP 7 DAYS BEFORE SURGERY

- Aspirin (salicylates) – many products contain salicylates. Examples: Anacin™, Excedrin™, Darvon™, Talwin™, Bufferin™, Midol™, Sine-off™, etc.

STOP 2 DAYS BEFORE SURGERY

- All other NSAIDs
- Sulindac (Clinoril™)
- Dipyridamole (Persantine™)
- Diclofenac (Voltaren™)
- Fenoprofen (Nalfon™)
- Meclofenamate (Meclomen™)
- Indomethacin (Indocin™)
- Naproxen (Aleve™ , Naprosyn™ , Anaprox™)
- Tolmetin (Tolectin™)
- Sulfapyrazone (Anturane™)
- Piroxicam (Feldene™)
- Difunisal (Dolobid™)
- Ibuprofen (Motrin™, Advil™, DayQuil™, etc.)

NOTE: Acetaminophen (Tylenol™) and Codeine DO NOT cause bleeding and may be continued.

ALL ILLEGAL DRUGS

- Some drugs can react with anesthetic medications and may cause heart damage
- Stop at least 14 days before your surgery

SOME DIET PILLS

- Stop at least 14 days before your surgery
- Fenfluramines, Phen Fen (phenteramine-fenfluramine), Redux™, Pondimin™

MAO (Monoamine Oxidase) Inhibitors (for depression)

- Please check with your prescribing doctor and anesthesia
- Usually stop 14 days before your surgery