



PRE-PROCEDURE INSTRUCTIONS

1. Have all lab work completed prior to the day of your appointment.
2. Do not eat for 4 hours prior to your appointment. You may drink liquids up to 2 hours prior to your appointment.
3. Fill your prescription for the following medications prior to your appointment. The doctor will give you instructions for taking these medications on the day of your procedure. **BRING THESE MEDICATIONS WITH YOU TO YOUR APPOINTMENT. DO NOT TAKE ANY OF THE MEDICATIONS BEFORE YOUR APPOINTMENT.**

Doxycycline 100mg (2 tablets)
Methergine 0.2 mg (6 tablets)
Vicodin (20 tablets)
Valium 5mg (2 tablets)
Ibuprofen (Motrin) 800mg (30 tablets)
Plan B/Emergency contraception (2 pkgs)

WHEN YOU ARRIVE FOR YOUR APPOINTMENT:

PLEASE FOLLOW THESE INSTRUCTIONS OR YOUR PROCEDURE WILL NOT BE DONE

1. Please arrive on time. Unfortunately, due to our busy procedure schedule, if you are more than 15 minutes late, we will not be able to complete your procedure. You will either be re-scheduled or referred to a non-Kaiser facility.
2. Bring photo identification with you when you register for your appointment.
3. Bring your medications on the day of your appointment.
4. Have someone available to drive you home after the procedure. If they drop you off and return to pick you up, advise them that we are located in Bldg C, 2nd floor, Ob/Gyn-Women's Health Department.

AFTER YOUR PROCEDURE:

1. You will be instructed to take your medications as follows after your procedure.
2. Doxycycline 100mg, 1 tablet, 12 hours after your procedure.
3. Methergine 0.2mg, starting tonight, take 1 tablet every six hours until all tablets are gone. You may take the Ibuprofen (1 tablet by mouth every 8 hours as needed) and/or the Vicodin (take 1 tablet by mouth every 4 hours as needed for discomfort, after your procedure is completed). You should not need any medication for pain or discomfort beyond 3 days following your procedure.

Thank you,

Ob/Gyn Department Staff
Kaiser Richmond