



## The Northern California ASD Health Education Program:

*Providing Information & Skills to Empower Families during their Journey with Autism*

### Module 1 Autism and Your Child: Charting the Course

#### Who:

Parents of children recently diagnosed with autism, pervasive developmental disorder-not otherwise specified (PDD-NOS), or Asperger's Disorder.

#### What:

A series of 4 classes designed for families with a child recently diagnosed with an autism spectrum disorder. Topics to be covered include: understanding the autism spectrum, accessing community resources, intervention options, and daily activities to try with your child.

#### Why:

The goal of The Northern CA ASD Health Education Program is to support families by providing the most current information about ASD and hands-on strategies to optimize their child's potential and family's well being.

#### Where:

Alternating between Kaiser Stockton and Kaiser Modesto:

- Kaiser Permanente Stockton Mental Health Dept. 1305 Tommydon Street, Stockton, Ca. 95210
- Kaiser Permanente Modesto Mental Health Dept. 4125 Bangs Rd., Modesto, Ca. 95350

#### How:

For specific dates and location, or to register, please call:

**(209) 557-1177 or (209) 476-3853.**

Space is limited.

#### Cost:

\$50 total fee per family for all four classes

This information is not intended to diagnose health problems or to take the place of medical advice or care you receive from your physician or other health care professional. If you have persistent health problems, or if you have additional questions, please consult your doctor. If you have questions or need more information about your medication, please speak to your pharmacist. Kaiser Permanente does not endorse any brand names; any similar products may be used. Herbs and supplements are sold over-the-counter. Kaiser Permanente carries only herb categories for which some evidence exists to show that the herbs may be effective to treat certain medical conditions.