

Put your allergies out to pasture

with allergy relief medicines



Used daily, prescription nasal sprays FLUTICASONE (Flonase) or NASAREL:

- are highly effective for relieving indoor and outdoor allergy symptoms
- provide non-drowsy relief with few side effects

Over-the-counter (OTC) LORATADINE (Claritin) and other products are helpful for breakthrough allergy symptoms.

PRODUCTS	SYMPTOMS TREATED			
	THROAT itchy, scratchy	NOSE itchy, runny	NOSE stuffy, congested	EYES itchy, watery
OTCs				
Antihistamines: • Chlorpheniramine tablets, liquid (Chlor-Trimeton) • Loratadine tablets, liquid (Claritin)	✓ ✓	✓ ✓		✓ ✓
Decongestants: • Pseudoephedrine tablets, liquid (Sudafed)* • Phenylephrine tablets (Sudafed PE)			✓ ✓	
Eye Drops: • Artificial Tears Eye Drops • Naphazoline/Pheniramine Eye Drops (Opcon-A) • Ketotifen (Zaditor)				✓ ✓ ✓
Nasal Sprays: • Cromolyn Nose Spray (Nasal crom) • Saline Nasal Spray (Ocean) • Sinus Rinse Kit		✓	✓ ✓ ✓	
PRESCRIPTION-ONLY				
• Fluticasone Nasal Spray (Flonase) • Nasarel Nasal Spray		✓ ✓	✓ ✓	✓ ✓

*Please go to the pharmacy counter for this medicine.
Brand names are given for reference, not as an endorsement by Kaiser Permanente.
Visit members.kp.org for more information about allergies (allergic rhinitis).
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