

Dermatology 408-851-4650
Kaiser Permanente Northern California Region
Santa Clara

Treatment for Facial Rashes caused by Personal Products

1. Gently wash face with cetaphil cleanser.
2. Apply Vaseline Petroleum jelly if needed as moisturizer in the morning. If Vaseline feels too greasy, you can use cetaphil cream.
3. Apply prescription ointment at night and in the morning. The specific type will be recommended by your provider. You can apply the medication first, then apply cetaphil cream or Vaseline ointment over the medication.
4. Avoid all hair dye, make-up, moisturizing lotions, powders, perfumes, nail polish or jewelry around the neck. If you are allergic to a product, you only have to touch it once a month to keep the rash active.
5. If the rash has completely cleared then stop the medication and wait two weeks.
6. You can restart one product at a time. Use it for two weeks and keep a diary, noting if the rash returns. Avoid products that cause a rash.

