

MOMMY & ME!

ATTENTION NEW MOMS!



If you have questions about your new baby, our Department of Pediatrics can help!
Come join our Mommy & Me group. Our experienced Pediatric Nurse will be there to help support you and answer all of your questions. In addition, you will meet and get support from other new moms like yourself!

Date: Every Monday

Location: Classroom 192, Dept. of Pediatrics

Fee: Free, Drop-in (no registration necessary)

Open to Kaiser members only

Times based on baby's age:

- 10:00am-11:30am (1 month-3 months)
- 12:30pm-2:00pm (3 months-6 months)

Please note: Bring a blanket for your baby to play on!

If you have any questions, please call (408) 851-1151