

## Bili Blanket Instructions

The nurse practitioner or pediatrician has ordered a bili blanket for your baby to use at home for treatment because your baby has a high bilirubin level in the blood.

The delivery driver will instruct you in the proper use of the bili blanket. If your Kaiser plan includes any co-payment for Durable Medical Equipment (DME), you will be asked to pay that co-payment at the time of delivery. At the time of delivery, please verify that the machine, extension cord, and disposable coverings are included.

If you do not receive the bili blanket, please call Kaiser's DME (Durable Medical Equipment) Department at **510-675-5555** before 5 p.m. or Apria Healthcare at **510-346-4000** before 6 p.m. (though Apria has a 24 hr answering service). Please keep your scheduled appointment for follow up regardless of delivery.

If the bili blanket is no longer needed after this appointment, you may ask the doctor or nurse to discontinue the bili blanket order through the DME Department so you will not be billed for any further co-payments you may have.

Call Apria to pick up the bili blanket at your home after it is no longer needed.

### Instructions for use:

1. Plug in the unit and secure on a firm base; avoid liquids near the machine
2. Place the disposable covering over the flattened extension.
3. Place the clear area of the flattened extension (without writing) on the direct skin of the babies back.
4. Turn the dial or switch to full sun or high; turn on the machine.
5. Wrap the baby and flattened extension snugly in a blanket.
6. Turn off the unit for diaper changes but keep the light on the baby for as long as possible until directed by the pediatrician.
7. The bili blanket will not burn your baby.

