

Oral Isotretinoin Checklist (Accutane, Sotret, Amnesteem)

You have been prescribed or are considering Oral Isotretinoin Treatment. The medicine is also known as Accutane, Sotret and Amnesteem. Use of this medication will involve labwork and follow-up by your doctor and our nursing staff for at least a 20-week period. Please read and ensure the following steps are done to ensure all the necessary care for your Oral Isotretinoin course is completed.

BEFORE YOU LEAVE YOUR APPOINTMENT TODAY YOU SHOULD HAVE:

For all patients:

____ Obtain the **Brochure** and/or **Information sheet** on the medication

____ Read and sign **Consent Form(s)**.

____ Obtain a **Follow-up Appointment** with our nurse in 4 weeks.

____ Obtain a **Lab Slip** for blood work

- The first lab test is a base-line blood test. Ideally, it is an 8-hour fasting lab that should be obtained this week. However, if it is difficult for you to come back, you can get the test done today, not fasting. The lab slip is also a standing order and will be held by the lab for all your monthly follow-up labs. The follow-up labs should be done 2-3 days before your follow-up appointment.
- **Women must also get a second test done (see below) ***
- After you have had the blood test (and additional urine pregnancy test for women*) call the Department of Dermatology the next day at 571-4499. They will then process your medication prescription.
- When leaving a message, ensure that you leave the name of your doctor or nurse and your pharmacy of choice (East, West, Petaluma, etc.). Inform us if there are additional questions about the medication so that these can be fully clarified before starting your course of treatment. If all the lab work is normal your prescription will be faxed to the appropriate pharmacy and you can begin the medication.

For female patients:

Women must also get a second test, a urine pregnancy test, to confirm negative pregnancy. This test is done after your bloodwork. The urine pregnancy test is done on the 2-3rd day of your menses. The lab requires no lab slip for the urine pregnancy test.

IMPORTANT NOTE: We can only fill Isotretinoin(Accutane) prescription if it has been less than 1 week since your pregnancy test. So, call us as soon as you have done the pregnancy test at 571-4499.

BEFORE YOUR FIRST FOLLOW-UP APPOINTMENT:

____ Note on your calendar the first day you started your Oral Isotretinoin. We will use this date to calculate your target date for completion of therapy.

____ Have your bloodwork checked 2-3 days before your scheduled follow-up appointment.