



Santa Teresa Ophthalmology Department
5755 Cottle Road, Building 2
San Jose, CA 95119

EYELID SURGERY POST-OPERATIVE Instructions

ACTIVITY:

- No strenuous activity for 2 weeks. Sleep with head elevated on several pillows.

DIET:

- No dietary restrictions

MEDICATIONS:

- Resume regular medications as before. Restrict use of aspirin until permitted by surgeon.

CARE OF WOUND OR DRESSING:

- Cool compresses as tolerated for the first 24-48 hours post-operative.
- No eye make up for 1 week or until instructed by the surgeon.

FOLLOW-UP APPOINTMENT:

- As scheduled

INDICATIONS TO CALL DOCTOR:

- Call for signs of infection which include fever, increased swelling, redness or pain.

IMPORTANT TELEPHONE NUMBERS:

- Ophthalmology Advice: (408) 972-6570, option 7, between 9:00 a.m. and 5:00 p.m. (Closed for lunch 12:30 – 1:30)
- Ophthalmology Advice: (408) 362-4791 before 9:00 a.m. and after 5:00 p.m. as well as weekends & holidays.
- Ophthalmology Appointments: (408) 972-6570, option 2.