



**Ophthalmology Department, Santa Teresa**

---

---

**CATARACT SURGERY  
PREOPERATIVE INSTRUCTIONS AND INFORMATION**

**Patient Name** \_\_\_\_\_ **MR#** \_\_\_\_\_

**Biometry (eye Measurement)** \_\_\_\_\_ **at** \_\_\_\_\_

**Cataract Class** \_\_\_\_\_ **at** \_\_\_\_\_

**Pre-Operative Appointment** \_\_\_\_\_ **at** \_\_\_\_\_ **with Dr.** \_\_\_\_\_

**Effective January 2003, your surgery co-pay may have increased. Please check with Health Plan at 1-800-464-4000 or your employer if your group has elected to have higher fees.**

**Your surgery co-payment fee is due at the time of your pre-op appointment.**

**Surgery has been scheduled on** \_\_\_\_\_ **at the:**

**Ambulatory Surgery Center 274 International Circle San Jose, CA 95119**

**Arrival time for surgery:\_\_\_\_\_ will be given at your pre-op appointment.**

**Your post-operative care is located at 5755 Cottle Road, Building 2.**

**1<sup>st</sup> post-operative appointment: \_\_\_\_\_ at : \_\_\_\_\_**

**2<sup>nd</sup> post-operative appointment (if applicable): \_\_\_\_\_ at: \_\_\_\_\_**

- 1. DO NOT eat or drink anything (including water, chewing gum, mints, etc.) after midnight the night before surgery. Undigested food in the stomach can cause complications and surgery may be postponed if you eat or drink. The morning of surgery take only medications, as instructed by your physician/anesthesiologist, with sips of water only.**

## 2. Medication usage:

- Take your usual medication with sips of water the day of surgery. If you take blood thinners (i.e. aspirin, plavix, and coumadin) it is OK to continue them.
- **DO NOT** take your oral diabetic medication or insulin the morning of your surgery. If you are taking Metformin and/or Glucophage please **STOP** the medication 24 hours prior to surgery. Non compliance may result in the cancellation of your surgery.
- Bring your inhalers and insulin with you to the surgery center.

## 3. Additional information:

- **DO NOT** wear contact lenses. Wear your eyeglasses and bring an eye glass case.
- **DO NOT** wear make-up the day of surgery
- Please wear your hearing aid or dentures.
- Bathe or shower the morning of surgery to minimize the chance of infection.
- Wear casual loose clothing.
- Remove all jewelry including rings, earrings and watches. Leave these and other valuables at home.
- Bring your Kaiser card and co-payment receipt.
- Prescriptions given to you during your pre-op visit need to be filled **before** surgery.
- Disability forms can be obtained from the Business Office located in lobby of Medical Office Building at 275 Hospital Parkway. Fill out and return these forms to the Business Office for completion **with** a Verification of Treatment (Work Excuse) signed by the doctor.

4. Arrange to have someone drive you home. For your safety, surgery will be **cancelled** if this arrangement has not been made. If you must take a taxi cab home, you will need someone other than the taxi driver to accompany you.

5. If you have any questions or if you develop a cold, sore throat, fever or other illness before your operation, call:

- Surgery Scheduler – (408) 972-6426.
- On the day of surgery – Surgery Center (408) 972-6640.
- After hours/week-ends – Advice Nurse (408) 362-4788.
- Ophthalmology Advice Nurse – (408) 972-6570

If you become ill after 5 p.m. the day before surgery or on the weekend before Monday surgery, please call the Admitting Department at (408) 972-7200.