



INFORMATION ABOUT MODERATE SEDATION

Intravenous moderate sedation is a safe reliable method of providing relief from fears and apprehension of surgery. A needle will be placed in a vein in the forearm or back of the hand. Various drugs will be administered making you very relaxed, non-apprehensive and sleepy; you **will not** be unconscious. Local anesthetic will be used to control pain. There are some potential complications of the technique that could develop. Irritation at the injection site is the most common complication. Occasionally, as a side effect of the drug, patients may cry or experience prolonged sleepiness at the end of the procedure. There could be an allergic or abnormal reaction to the drugs. Some respiratory depression may occur from the drugs and, in extreme conditions, there could be cardiovascular changes. As a result of the drugs used and your sleepy condition, certain precautions **must** be observed.

1. Advise your surgeon of any medication or pills you are taking or any medical conditions you may have. Do not take any other medication without his/her knowledge and approval.
2. **You should not eat or drink for six hours prior to your appointment.**
3. Notify your surgeon if you develop a cold, sore throat, cough, fever, or any other illness prior to your appointment.
4. Wear loose, comfortable clothing with sleeves that can easily be drawn up past the elbow. Do not wear heavy eye make up or false eyelashes, and remove contact lenses when reaching the Out Patient Procedure Clinic.
5. Arrive promptly for your appointment. Late arrivals may necessitate cancellation of your appointment.
6. **You MUST be accompanied by a responsible adult who will check in with you, stay throughout your appointment, drive you home and stay with you for the remainder of the day. You will not be allowed to take public conveyance, or drive a car.**
7. If disturbing problems should develop after leaving the clinic, you should call your surgeon immediately. Parents or guardians of children should observe the child continuously upon return home and call the surgeon immediately if disturbing problems should develop.
8. Full mental alertness will not return for several hours; therefore, for the remainder of the day you should limit activity requiring full power of concentration. You will not be able to:
 - a. Drive an automobile or operate machinery
 - b. Undertake business matters
 - c. Drink alcoholic beverages