





**Symptoms & Concerns:**

Please summarize your symptoms and concerns:

- Back pain
  - Neck pain
  - Shoulder pain
  - Breast pain
  - Pain from bra straps
  - Skin irritation
  - Shape of breasts
  - Asymmetry
  - Other symptoms:
- Appearance
  - Problems with body image
  - Difficulty in personal relations
  - Difficulty buying/fitting clothing
  - Breast size interferes with exercise
  - Avoidance of special activities
  - Restriction of normal activity

What is your main concern regarding your breasts?

What do you hope to achieve from a breast reduction?

Has anyone made specific recommendations for treatment of your breasts?      Yes / No  
What are these recommendations?

What questions do you wish to have answered?

.....  
We appreciate your visit and we respect your privacy. Who may we thank for referring you? \_\_\_\_\_

May we contact this person to thank them?      Yes / No

At what number(s) may we

- Call you?
- Leave a message with a person and tell them we called?
- Leave a message on an answering machine?


<b>Small Female</b>							
<b>Ft</b>	<b>In</b>	<b>Ideal Wt</b>	<b>110%</b>	<b>125%</b>	<b>133%</b>	<b>140%</b>	<b>150%</b>
4	10	107	118	134	142	150	161
4	11	108	119	135	144	151	162
5	0	110	121	138	146	154	165
5	1	112	123	140	149	157	168
5	2	115	127	144	153	161	173
5	3	118	130	148	157	165	177
5	4	121	133	151	161	169	182
5	5	124	136	155	165	174	186
5	6	127	140	159	169	178	191
5	7	131	144	164	174	183	197
5	8	133	146	166	177	186	200
5	9	135	149	169	180	189	203
5	10	139	153	174	185	195	209
5	11	142	156	178	189	199	213
6	0	145	160	181	193	203	218
<b>Medium Female</b>							
4	10	117	129	146	156	164	176
4	11	120	132	150	160	168	180
5	0	122	134	153	162	171	183
5	1	125	138	156	166	175	188
5	2	128	141	160	170	179	192
5	3	131	145	164	175	184	197
5	4	135	149	169	180	189	203
5	5	139	152	173	184	194	208
5	6	142	156	178	189	199	213
5	7	146	160	182	194	204	219
5	8	149	164	187	199	209	224
5	9	152	167	190	202	213	228
5	10	154	170	193	205	216	231
5	11	157	173	196	209	220	236
6	0	160	176	200	213	224	240
<b>Large Female</b>							
4	10	123	135	154	164	172	185
4	11	127	140	159	169	178	191
5	0	130	143	163	173	182	195
5	1	133	146	166	177	186	200
5	2	136	150	170	181	190	204
5	3	139	153	174	185	195	209
5	4	142	156	178	189	199	213
5	5	145	160	181	193	203	218
5	6	149	164	186	198	209	224
5	7	153	168	191	203	214	230
5	8	157	173	196	209	220	236
5	9	160	176	200	213	224	240
5	10	163	179	204	217	228	245
5	11	166	183	208	221	232	249
6	0	169	186	211	225	237	254

