



## CT APPOINTMENT AND INSTRUCTIONS

Diablo Service Area  
Imaging Services Department  
Walnut Creek Medical Center  
1425 S. Main Street  
Walnut Creek, CA 94596  
Appointments (925) 295-4798

Patient Name: \_\_\_\_\_ MRN: \_\_\_\_\_

CT Scan Date: \_\_\_\_\_ CT Exam Type: \_\_\_\_\_

Registration Time: \_\_\_\_\_ Appointment Time: \_\_\_\_\_

Your CT scan will be performed in the Imaging Services Department of the Walnut Creek Medical Center. The department is located in the basement of Hospital North.

Please register in the Imaging Services Department 15 minutes prior to scheduled time noted above. Allow yourself time to park. Plan on spending **1 to 2 hours** with us. The exam itself should take 30 minutes or more, but urgent studies from the Hospital or Emergency Department may disrupt or delay your exam. We kindly ask for your understanding. If we are running significantly behind schedule, we will advise you of the delay and will reschedule your exam if needed. Please call if you are going to be significantly late and we will make every effort to accommodate you on the same day. **If you do not call, your exam may have to be rescheduled on the next available date.**

There is a very large demand for this important study. If you need to cancel your appointment, or if you have questions regarding this exam, please call (925) 295-4798. **If you do not call to cancel your appointment, your exam may have to be rescheduled on the next available date.**

Please follow the instructions checked off below in preparation for this appointment:

For non-contrast CT scan:  
No special preparation is necessary

For contrast enhanced CT scan:

**No solid food** should be eaten for **4 hours prior** to the exam. Please continue to take any medications prescribed by your doctor. You may drink water up until 1 hour before the arrival time, after which nothing further should be taken. After the exam, you may resume meals as before. Fluids are encouraged to help "flush" out the contrast. Avoid caffeine containing beverages, e.g. coffee, tea, caffeine-containing sodas, etc.

For CT scan that include abdomen and pelvis:

You should have received a small brown bottle of **Gastrografin**. Mix the contents of this bottle (20cc) in 3 cups (24oz) of water or other clear liquid beverage that you enjoy. Drink 1 cup 2 hours before the exam, another 2 cups 1 hour before the exam. Please continue to take any medications as prescribed by your doctor. **Do not eat** any solid food for **4 hours prior** to the exam. Clear liquids are permitted until the last dose of Gastrografin mixture one hour before the scan. After the exam, you may resume meals as before. Fluids are encouraged to help "flush" out the contrast. Avoid caffeine containing beverages, e.g. coffee, tea, caffeine-containing sodas, etc.