

## **PEG (feeding tube) PLACEMENT INSTRUCTIONS**

PLEASE BE SURE YOU HAVE A DESIGNATED DRIVER TO TAKE YOU HOME. WITHOUT A DRIVER, WE WILL NOT BE ABLE TO GIVE YOU SEDATIVE MEDICATIONS FOR THE PROCEDURE.

NOTHING BY MOUTH (INCLUDING WATER) WITHIN 6 HOURS OF APPOINTMENT.

**7 DAYS BEFORE:** DO NOT TAKE PLAVIX, AGGRENOX, VITAMIN E OR ANY NON-STEROIDAL ANTI-INFLAMMATORY MEDICATIONS (see “**Products that may thin your blood**”). Tylenol or acetaminophen products are OK to use.

**5 DAYS BEFORE:** DISCONTINUE COUMADIN.

**24 HOURS BEFORE:** DISCONTINUE HEPARIN AND LOVENOX.

**\*Notify your primary care physician that you are doing this.**

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FOR YOUR COMFORT, PLEASE WEAR COMFORTABLE CLOTHES TO YOUR PROCEDURE. DO NOT WEAR PANTYHOSE, GIRDLES, HIGH-HEELED SHOES, TIGHT BELTS OR WAISTBANDS.

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