

**ERCP INSTRUCTIONS**  
**(Endoscopic Retrograde Cholangiopancreatography)**

**Please arrive 30 minutes before your appointment time.**

IF YOU ARE HAVING A SEDATED PROCEDURE, PLEASE BE SURE YOU HAVE A DESIGNATED DRIVER TO TAKE YOU HOME AFTER YOUR PROCEDURE. WITHOUT A DRIVER, WE WILL NOT BE ABLE TO GIVE YOU SEDATIVE MEDICATIONS OR PERFORM THE PROCEDURE.

NOTHING BY MOUTH, (INCLUDING WATER) WITHIN 6 HOURS OF APPOINTMENT.

**FOR 7 DAYS BEFORE:** DO NOT TAKE PLAVIX, AGGRENEX, VITAMIN E AND/OR ANY NON-STEROIDAL ANTI-INFLAMMATORY MEDICATIONS (see “Products that may thin your blood”) Tylenol or acetaminophen products are OK to use.

**5 DAYS BEFORE:** DISCONTINUE COUMADIN.

**24 HOURS BEFORE:** DISCONTINUE HEPARIN AND LOVENOX.

**Notify your primary care physician you are doing this.**

---

FOR YOUR COMFORT, PLEASE WEAR COMFORTABLE CLOTHES. DO NOT WEAR PANTYHOSE, GIRDLES, HIGH-HEELED SHOES, TIGHT BELTS OR WAISTBANDS.

---