

UPPER ENDOSCOPY INSTRUCTIONS

Please arrive 30 minutes before your appointment time.

IF YOU ARE HAVING A SEDATED PROCEDURE, PLEASE BE SURE YOU HAVE A DESIGNATED DRIVER TO TAKE YOU HOME AFTER YOUR PROCEDURE. WITHOUT A DRIVER, WE WILL NOT BE ABLE TO GIVE YOU SEDATIVE MEDICATIONS FOR THE PROCEDURE..

NOTHING BY MOUTH (INCLUDING WATER) WITHIN 6 HOURS OF APPOINTMENT.

7 DAYS BEFORE: DO NOT TAKE PLAVIX, AGGRENOX, VITAMIN E AND/OR ANY NON-STEROIDAL ANTI-INFLAMMATORY MEDICATION (see “**Products that may thin your blood**”). Tylenol or acetaminophen products are OK to use.

5 DAYS BEFORE: DISCONTINUE COUMADIN.

24 HOURS BEFORE: DISCONTINUE HEPARIN AND LOVENOX.

Notify your primary care physician you are doing this.

FOR YOUR COMFORT, PLEASE WEAR COMFORTABLE CLOTHES. DO NOT WEAR PANTYHOSE, GIRDLES, HIGH-HEELED SHOES, TIGHT BELTS OR WAISTBANDS.
