

Pediatric Preparations for Barium Enema

Pick up a1 Pediatric Fleet Enema Kit in the Pharmacy for children age 1 and under.

Pick up 2 Pediatric Fleet Enema Kit in the Pharmacy for children age 1 to 4.

Pick up Bowel Prep Kit #1 in any Radiology Department for children age 5 and over.

Age 0 to 1 clear liquid diet for the 24 hours preceding the appointment.
Use ½ of the Pediatric Fleet Enema on the evening prior to the appointment
Use ½ of the Pediatric Fleet Enema four hours prior to the appointment.
Nothing to eat or drink 4 hours prior to the appointment.

Age 1 to 4 clear liquid diet for the 24 hours preceding the appointment
Use 1 Pediatric Fleet Enema on the evening prior to the appointment
Use 1 Pediatric Fleet Enema 4 hours prior to the appointment
Nothing to eat or drink 4 hours prior to the appointment.

Age 5 to 10 Follow the instructions given for an adult with the following exceptions.
Give the child only **one quarter** (¼) of the adult bowel prep kit.
Do not give the child any of the yellow pills in the kit.
Do not use the suppository

Age 11 to 16 Follow the instructions given for an adult with the following exceptions.
Give the child only **one half** (½) of the adult bowel prep kit.
Do not give the child any of the yellow pills in the kit.
Do not use the suppository

POST BARIUM ENEMA INSTRUCTIONS:

Barium examination of the colon may be constipating. Following the examination, you should encourage fluids up to 6 glasses of water or juices over the remainder of the day. If constipation occurs, you should contact your child's pediatrician.

If you have any questions regarding the preparation for yourself or your child please call the numbers listed at the top of the page before proceeding.