

Walnut Creek Campus
1425 South Main Street
Walnut Creek, California 94596-5300
Phone: (925) 295-4798

Martinez Campus
200 Muir Road
Martinez, California 94553
Ph # (925) 372-1105

HYSTEROSALPINGOGRAM:

Performed at the Walnut Creek and Martinez Sites Only

INSTRUCTIONS FOR HYSTEROSALPINGOGRAM For Infertility

1. Call for an appointment on the **FIRST** day of your menstrual cycle to get a date and time for your appointment. As this exam must be performed during a specific time during your cycle (days 9 through 11), calling on first day of your cycle will allow for booking during the appropriate time frame during your current cycle. Phone numbers are above.
2. You **MUST** avoid unprotected sexual intercourse from the end of your menstrual cycle until the exam has been performed.
3. You may have a light lunch on the day of the examination.
4. Please bring external feminine protection with you. **Do not** use a tampon immediately following this exam.
5. If you are allergic to iodine on the skin area, please tell the technologist prior to the exam.
6. If you have a history of severe menstrual cramps, you may wish to bring the medication that you normally use for this discomfort. If your history of menstrual cramping is severe you should arrange to have someone drive you home after the examination.
7. Infertility work up may require a 50% or greater co-pay depending on your health plan coverage at the time the service is rendered.
8. Register in the Radiology Department 15 minutes before your appointment time. Plan on spending about 1 hour with us. The exam itself should take about 30 minutes.
9. If you arrive late, you **may** have to be rescheduled.

Should you have any questions concerning this appointment or these instructions, please call the phone number above at the facility where your appointment has been scheduled. If you need to cancel, please leave a message at (925) 295-4798.

HYSTEROSALPINGOGRAM:

Diagnostic for Fallopian Tube Occlusion

1. Call for an appointment at any time. Inform the receptionist that the exam is **not** for fertility.
2. You may have a light lunch on the day of the examination.
3. Please bring external feminine protection with you. **Do not** use a tampon immediately following this exam.
4. If you are allergic to iodine on the skin area, please tell the technologist prior to the exam.
5. If you have a history of severe menstrual cramps, you may wish to bring the medication that you normally use for this discomfort. If your history of menstrual cramping is severe, you should arrange to have someone drive you home after the examination.
6. Normal co-pay is due at the time the service is rendered.
7. Register in the Radiology Department 15 minutes before your appointment time. Plan on spending about 1 hour with us. The exam itself should take about 30 minutes.