

Ultrasound Instructions

Please check in at the Diagnostic Imaging Appointment desk 15 minutes prior to your appointment time.

No barium studies for at least 2 to 3 days prior to the exam for all abdomen and pelvic exams.

PLEASE DO NOT BRING UNATTENDED CHILDREN

Adult Preparation for Abdomen: abdomen, liver, gallbladder, bile ducts and spleen.

Nothing to eat or drink from midnight the night before the exam until after the exam is completed.

A few sips of water and prescription medication are permitted.

Please register at the Diagnostic Imaging Reception Desk 15 minutes before your exam.

Infant and Child Preparation for Abdomen:

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|----------------------|---|
| 0 to 6 months: | Nothing by mouth for 4 hours prior to the exam |
| 7 months to 3 years: | Nothing by mouth for 6 to 8 hours prior to the exam |
| 4 years: | Nothing by mouth for 8 hours prior to the exam |
| 5 to 10 years: | Nothing by mouth for 12 hours prior to the exam |
| 11 years and up: | Same as an adult |

Retroperitoneal Exams:

These instructions apply **ONLY** to patients scheduled for an ultrasound examination (sonogram) of the kidneys (renal) or abdominal aorta (AAA).

Preparation:

Please do not eat anything 3 to 4 hours prior to your exam.

Continue fluids but **Please do not** drink any carbonated beverages on the day of the exam.

Pelvic and OB Examinations:

Empty your bladder THEN IMMEDIATELY DRINK 32 OZ. (Four - 8 OZ GLASSES OF WATER). **Do not drink** carbonated beverages (they make gas bubbles we cannot see through) or caffeinated drinks (can irritate your bladder and make you think you are full when you are not).

Entire fluid intake should be completed within a 30 minute period.

Finish drinking all fluids one hour prior to the appointment.

Do not urinate until after your exam is completed. We need your bladder full.

Please register at the Diagnostic Imaging Reception Desk 15 minutes before your exam.

Take your regular medications.

Infant and Child Preparations for Pelvis: Same as adult but adjust fluid intake to the following.

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| 0 to 2 years, not potty trained: | Plenty of fluids, give bottle 45-60 minutes before exam |
| 1 to 4 years, potty trained: | 16 oz of clear liquids one hour before exam |
| 5-10 years: | 24 oz of clear liquids one hour |
| 11 years and up: | Same as adult |

Miscellaneous Exam Preparations:

Patients scheduled for an ultrasound examination (sonogram) of the breasts, testes, veins of the leg or arm, neck, thyroid gland, parathyroid glands, head (baby) or spine (baby);

- No special preparations necessary.
- Take your regular medications.
- Please register at the Diagnostic Imaging Reception Desk 15 minutes before your exam.