



Welcome Baby



Safe Over-The-Counter Medications During Pregnancy



Headache

Tylenol



Cold/Congestion

Tylenol, Sudafed, Chlortrimeton

Constipation

Metamucil (plain), Fiber-all, Colace

Diarrhea

Imodium

Indigestion/Heartburn

Maalox, Mylanta, Riopan

Hemorrhoids

Preparation H, Anusol, 1% Hydrocortisone Cream

Nausea & Vomiting

Vitamin B6 (up to 75 mg/day), Emetrol

Vaginal Itch

Gyne-Lotrimin , 1% Hydrocortisone Cream

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