

What is Important to Me?

Once you have marked each item in the three categories, take your list of **Important** items and select your top 10 most important values. Rank the top ten, with number 1 being your highest priority. You may use this sheet to record and keep your results.

	If in Top Ten, what rank	Important	Somewhat Important	Not that Important
1. To be free from pain				
2. To be free from anxiety				
3. To be free from shortness of breath				
4. To be kept clean				
5. Having physical touch				
6. Having financial affairs in order				
7. Family is prepared for my death				
8. Dying at home				
9. Knowing what to expect about physical changes				
10. To achieve a sense of completion about my life				
11. Saying goodbye to important people				
12. Remembering personal accomplishments				
13. Resolving unfinished business				
14. To make my own decisions about treatment preferences				
15. Having my treatment preferences in writing				
16. Naming someone to make decisions in the event that I cannot				
17. Having an advocate who knows my values and priorities				
18. Having the written directive on hand when decisions need to be made				
19. Having my treatment preferences honored				
20. Maintaining my dignity				

Name _____

Date: _____

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	If in Top Ten, what rank	Important	Somewhat Important	Not that Important
21. Maintaining my sense of humor				
22. Having a physician who knows me as a whole person				
23. Presence of close friends				
24. Not dying alone				
25. Having someone who will listen				
26. Trusting my physician				
27. Having a nurse with whom I feel comfortable				
28. Knowing that my physician is comfortable talking about death and dying				
29. Having a physician with whom I can discuss my personal fears				
30. Being mentally aware				
31. Having funeral arrangements planned				
32. Not being a burden to my family and society				
33. Being able to help others				
34. Coming to peace with God				
35. Praying				
36. Not being connected to machines				
37. Discussing personal fears				
38. Meeting with clergy/chaplain				
39. Have a chance to talk about the meaning of death				
40. Presence of family				
41. Other:				
42. Other:				

Name _____

Date: _____