

# Fracture Index Questions

<u>Age:</u>	<u>Risk Fx:</u>	<u>Total Hip T</u>
< 65 = 0	Broken Bone	$\geq 1.0$ = 0
65-69 = 1	>50 = 1	-1.1 to -2.0 = 2
70-74 = 2	Mom Hip Fx	-2.0 to -2.4 = 3
75-79 = 3	>50 = 1	$\leq 2.5$ = 4
80-84 = 4	Wt $\leq 125$ = 1	
85 + = 5	Smoker = 1	
	Use arms = 2	Possible 15 pts.

# Fracture Index Scoring

5 points	<u>consider</u>	anti-resorptive Rx.
6 - 7 points	<u>strongly consider</u>	anti-resorptive Rx
≥ 8 points	<u>offer</u>	anti-resorptive Rx unless contraindicated

<u>5 yr. hip fx risk</u>	
5 points	1.9 %
6 - 7 points	3.9 %
≥ 8 points	8.7 %

<u>5 yr. vertebral fx risk</u>	
5 points	5.3 %
6 - 7 points	7.1 %
≥ 8 points	11.2 %