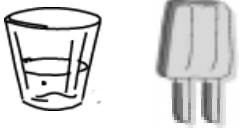
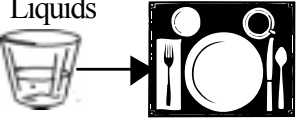



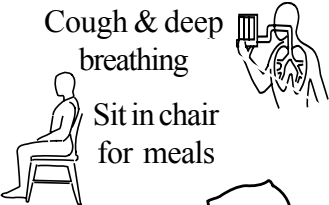

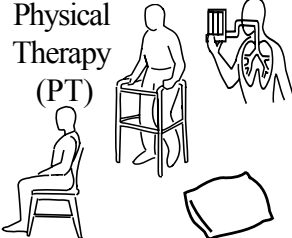
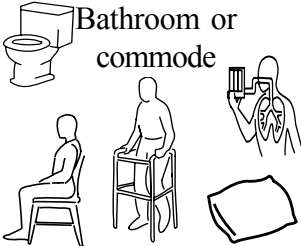
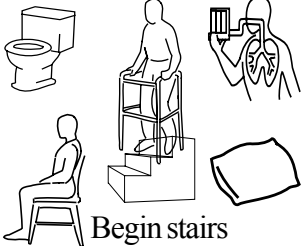





















PATIENT PATHWAY FOR TOTAL KNEE REPLACEMENT SURGERY

	Day of Surgery	Post-Op Day 1	Post-Op Day 2	Post-Op Day 3 (Day of Discharge)	After Discharge
NUTRITION	 <p>Ice chips or clear liquids</p>	<p>Liquids</p>  <p>Clear liquids then usual diet as tolerated</p>	 <p>Usual diet as tolerated</p>	 <p>Usual diet as tolerated</p>	 <p>Usual diet as tolerated</p>
ACTIVITY	<p>Cough & deep breathing</p>  <p>Sit in chair for meals</p> <p>Pillow under calf</p> 	<p>Physical Therapy (PT)</p> 	<p>Bathroom or commode</p> 	 <p>Begin stairs</p>	<p>Knee exercises</p>   <p>No driving for 6-8 weeks</p> 
MEDICATION	 <p>PCA pump or epidural for pain control</p>		 <p>Change to pills</p>		 <p>Pain pills as needed</p>
TREATMENTS	<p>Compression hose</p>  <p>Incision drain</p>  <p>Urinary catheter</p> 	 <p>Remove drain</p>  	 <p>Remove urinary catheter</p>		
PLANNING FOR HOME CARE		 <p>Discharge Planning</p>	 <p>Equipment is ordered if needed</p>	 <p>Home or skilled nursing facility</p>	 <p>Home</p>

This Pathway has been developed to give you a picture of what to expect for your knee surgery. This is only a guideline. Variations may occur based on your individual situation.