



**KAISER PERMANENTE®**

## URO-GYNECOLOGY PATIENT INFORMATION SHEET

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### CYSTOSCOPY

A cystoscopy is a test to look inside the urinary tract by means of a tube put into the urethra (the opening from which urine comes out). The bladder and tube leading from each kidney to the bladder can be seen.

- Do**
1. Resume your normal activities.
  2. Take a tub bath tonight to remove the brown soap that was used to clean you off before the test.

**Do Not**

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- POINTS TO REMEMBER**
1. You may have some burning and/or discomfort with urination for 12 hours after the procedure. Sitting in a warm tub bath may relieve this discomfort. Increasing your fluid intake may also help.
  2. You may notice a small amount of blood in your urine the first time you urinate after the procedure.

**MEDICATIONS**

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- CALL**
1. If you develop a fever over 101° F.
  2. If you are unable to urinate.
  3. If you have discomfort and/or bleeding with urination lasting longer than 24 hours.
  4. Severe bleeding or discomfort.

Please call the Division of Urogynecology and Reconstructive Surgery at \_\_\_\_\_ with any questions or concerns.