



How Long Will My Inhaler Last?

	# Sprays (per canister)	2 Sprays/ Day	4 Sprays/ Day	6 Sprays/ Day	8 Sprays/ Day
QVAR	100	50 days	25 days	16 days	12 days

	# Sprays (per canister)	2 Sprays/ Day	4 Sprays/ Day	6 Sprays/ Day	8 Sprays/ Day
Flovent	120	60 days	30 days	20 days	15 days

	# Puffs (per canister)	1 puff/day	1puff 2x/day	
Serevent Diskus	60	60 days	30 days	N/A

	# Sprays (per canister)	* 2 Sprays 2x/week	2 Sprays 1x/Day	2 Sprays 3x/Day
Albuterol	200	1 year	100 days	33 days

* For patients with Asthma: The National Institute of Health defines good asthma control as requiring a reliever medication (such as albuterol) **less than 2 times per week**.