



*Information for Patients*

**Prescription Strength Guaifenesin is Now Available  
Over-the-counter (OTC)**

Long-acting guaifenesin 600 mg is no longer a prescription product and is now conveniently available over-the-counter (OTC). Kaiser Permanente physicians recommend that patients who were on prescription long-acting guaifenesin 600mg (original Humibid<sup>®</sup> LA formulation) continue therapy by purchasing an OTC guaifenesin product.

OTC guaifenesin products available in our pharmacies include:

- Guaifenesin 400 mg short-acting tablets
- Guaifenesin 600 mg long-acting tablets - Mucinex<sup>®</sup>

Remember:

- **Do NOT take prescription and OTC guaifenesin products at the SAME TIME.**
- Finish taking your remaining supply of prescription guaifenesin and then start using an OTC guaifenesin product instead.
- Follow the directions on your new OTC guaifenesin product label carefully.

If you have any questions about your medications, please ask to speak with your pharmacist.