



Cosmetic Services
2288 Auburn Blvd Suite #205
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LASER HAIR REMOVAL

PATIENT INFORMATION SHEET

Thank you for your interest in our laser hair removal program. The following is some basic information to help you get ready to schedule your appointment.

The best results are seen with fine dark hair and light skin. It does not work on blonde, white and gray hairs. Everyone will need at least 3-6 sessions. **We cannot guarantee that the hair will not grow back.** If it does it may be much finer and less dense. This treatment has been studied and evaluated for several years and many patients seem happy and satisfied with the results. Laser treatment is less painful than electrolysis and does not cause ingrown hairs. To make the most of your time and money you will receive treatment at your first appointment, if you desire. If you require more information, please schedule a cosmetic consultation. No treatment will be done at the consultation visit.

1. If you are olive skinned or dark skinned you must begin using a skin bleaching agent to the area you want treated at least 3-4 week prior to your treatment. Avoid the sun before and after your treatment. Use sunscreen SPF 30 or higher with active ingredient of Zinc Oxide or Titanium daily
2. If you have a history of skin darkening with minor injury, (e.g. after a pimple), please let us know when you schedule your appointment.
3. **Two to four weeks before your appointment it is important to stop plucking or waxing. The longer the interval, the better the results will be.**
4. Shave the area 48 hours prior to your appointment.

To keep our commitment to reasonably priced cosmetic services we require a \$75.00 deposit at the time you make the appointment. This deposit is refundable only if you cancel two (2) weeks in advance.

Please call (916) 973-6100 for an appointment.