



KAISER PERMANENTE

**Esophagogastroduodenoscopy (EGD) Preparation**

**Kaiser Hayward Gastroenterology Department**

27400 Hesperian Blvd, Medical Office Building – 2<sup>nd</sup> Floor (above pharmacy)

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Provider: \_\_\_\_\_

This is the date and time to report to the department. Your procedure will follow after the admission process is complete; approximately 45 – 60 minutes later. Please plan for approximately 1 to 2 hours for the entire admission, procedure and recovery time.

**Purpose:** To examine the esophagus, stomach and duodenum, biopsy or remove any abnormal growth and cauterize bleeding lesions.

**Lab Test:** Do as advised by your physician. **Coumadin patients must have PT / labs the day prior to appointment.**

**Medications (Bring all prescription, vitamin & over the counter meds in original containers)**

- ❖ **Seven (7) days prior to your procedure:** DO NOT TAKE IRON, ASPIRIN, MOTRIN, ALEVE, RELAFEN, CELEBREX or any other non-steroidal anti-inflammatory medications. Tylenol is safe to take.
- ❖ **Day of the procedure:** **Diabetic patients** – Check your blood sugar the evening prior to and the morning of the procedure.

**Insulin:** You may use ½ dose of regular insulin the night before procedure. **DO NOT** take any regular insulin the day of your procedure.

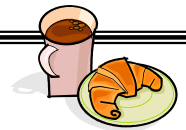


**Diabetic tablets/pills:** If you are on tablet medications for your diabetes, **DO NOT** take your medications the morning of the procedure.

**High Blood Pressure medication:** Take your usual dose on the morning of the procedure with a sip of water.

**Diet & Prep Instructions**

- ❖ **Evening prior to procedure:** no solid foods after midnight.
- ❖ **Day of procedure:** **Do not eat solid food.** You may drink only clear liquids **up to six hours before** your appointment, after this time, nothing to eat or drink.
- ❖ Upon waking, **take daily medications with a sip of water**, with exception to diabetic medications listed above.



**Ride Home**

- ❖ You will be sedated for this procedure and remain drowsy for the remainder of the day. A responsible adult **must drive you home.** For your own safety, unless a relative or friend is present to drive you home, your procedure **may be cancelled and rescheduled.**



**Cancellation and/or Questions??**

Call (510) 784-4813 Monday through Friday 9am - 12:30pm & 1:30pm - 5:00pm