



KAISER PERMANENTE®

URO-GYNECOLOGY PATIENT INFORMATION SHEET

RESOURCES FOR INCONTINENCE

National Association for Continence WWW.NAFC.ORG

NAFC is a 50,000 member nonprofit organization dedicated to providing information and education about incontinence. They publish newsletters and an annual resource guide.

P.O. Box 8310

1-800-BLADDER (1-800-252-3337)

Spartanburg, SC 29305-8310

The Simon Foundation for Incontinence WWW.SIMONFOUNDATION.ORG

This nonprofit organization has a number of supportive services including a community education program called "I will manage".

P.O. Box 815

1-800-23-SIMON (1-800-237-4666)

Willamette, IL 60019

American Foundation for Urologic Disease WWW.AFUD.ORG/OAB

Provides advocacy and support for people with incontinence.

1-800-242-2383

Kaiser Permanente Website WWW.KPONLIE.ORG

Medline Plus Website WWW.MEDLINEPLUS.ORG

BOOKS

Staying Dry: A Practical Guide to Bladder Control

By Burgio, Pearce, Lucco

The John Hopkins University Press, 1989

Available from most bookstores by special order, which takes about 2 weeks, or order

online at WWW.PRESS.JHU.EDU

Cost ~ \$14.95

Women's Waterworks: Curing Incontinence

By Pauline Chiarelle, M.A.P.A.

North American Distributors

WWW.NADINC.NET

17300 17th St., Suite J-134

1-800-995-0510

Tustin, CA 92680

Cost ~ \$7.95